

## In this issue...

March 2026 / [nursingchildrenandyoungpeople.co.uk](http://nursingchildrenandyoungpeople.co.uk)

Cover credit: iStock



### editorial

Why gut feelings are important in sensing if something is wrong **p5**

### news

Analysis: Resuscitation guidelines update: five changes you need to know **p6**

Analysis: Lucy Letby appeals, claims and inquiry: where things stand now **p8**

Infographic: Why is it so hard for skilled and experienced nursing staff to progress beyond band 5? **p10**

### evidence & practice

Enteral feeding: A struggle for all: findings of a qualitative study on nasogastric tube insertion in children **p12**

Professional issues: Stress and resilience in children's nursing: a review of the evidence **p20**

Respiratory health: Damp and mould: improving the health and homes of children with asthma through NHS and local authority collaboration **p26**

CPD/Deterioration: Using the national Paediatric Early Warning System (PEWS) for England: part 2 **p34**

Multiple-choice quiz: National Paediatric Early Warning System for England: part 2 **p42**

### SEE MORE CONTENT ONLINE

#### Bladder spasm



Clinical management of acute post-operative bladder spasm in children and young people  
[rcni.com/bladder-spasm](http://rcni.com/bladder-spasm)

#### Children's nurse education



Promoting innovation in children's nurse education: the Welcome to Our World project  
[rcni.com/childrens-nurse-education](http://rcni.com/childrens-nurse-education)

#### Parental empathy



Developing empathy for parents with infant simulation dolls  
[rcni.com/infant-simulation-dolls](http://rcni.com/infant-simulation-dolls)