

## **CONTENTS**

Editorial	1
Presentation of Editors and Editorial Board	2
Original articles	
Stress management and musculoskeletal disorders in knowledge workers: The possible mediating effects of stress hormones CLAIRY WIHOLM & BENGT B. ARNETZ	5
Measuring balance in sub-acute stroke rehabilitation MARIT GUSTAVSEN, GEIR AAMODT & ANNE MARIT MENGSHOEL	15
Patient empowerment in rehabilitation: "Somebody told me to get rehabilitated" ANITA MELANDER WIKMAN & YLVA FÄLTHOLM	23
Muscle pain, physical activity, self-efficacy and relaxation ability in adolescents NINA ØSTERÅS, ANNE ELISABETH LJUNGGREN, KRISTIAN S. GOULD, MORTEN WÆRSTED & KAJ BO VEIERSTED	33
Influence of testing position and age on measures of ankle proprioception KELLY P. WESTLAKE & ELSIE G. CULHAM	41