Original Research: Examining the Links Between Lifestyle Factors and Metabolic Syndrome
By Shu-Hung Chang, Miao-Chuan Chen, Nai-Hui Chien, and Li-Yu Wu
The authors of this study examined lifestyle risk factors for metabolic syndrome—such as dietary and exercise habits—in people who are overweight or obese, aiming to distinguish those lifestyle factors associated with metabolic health in this population.

Preventing Contrast-Induced Acute Kidney Injury
By Yvonne Gallegos, Asma Ali Taha, and Dana N. Rutledge
This article provides an evidence-based review of screening, risk assessment, and hydration protocols for the clinical management of patients receiving contrast agents for radiographic imaging studies.

Supporting Family Caregivers: No Longer Home Alone: Administration of Subcutaneous Injections
By Kathryn Sexton, Allison Lindauer, and Theresa A. Harvath
In this second installment in a series published in collaboration with the AARP Foundation, the authors discuss how nurses can help family caregivers enhance their knowledge, experience, and skill in managing injectable treatments.

Remembering Pearl Harbor at 75 Years
By Patricia Liehr, Janet Sopcheck, and Gwyneth Milbrath
On the 75th anniversary of the Japanese attack on Pearl Harbor, the authors tell the stories of five Army and Navy nurses who witnessed the attack, prepared for the casualties, and selflessly cared for the many victims.

Reflections: Sitting with Death
By Linda Jane Converse
A social worker on a dialysis unit bears witness to patients' life or death choices.
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