Fibromyalgia Syndrome: Current Considerations in Symptom Management
By Victoria Menzies
This article presents an overview of fibromyalgia syndrome—one of the most common rheumatic disorders—and discusses pharmacologic and nonpharmacologic approaches to symptom management, plus strategies for enhancing patient self-management.

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By Kathryn F. Westman and Cathy Blaisdell
In this fourth installment in a five-part series on holistic nursing, the authors discuss the history and benefits of using massage therapy in nursing care, describe specific massage techniques (and precautions), and explain how to integrate these techniques into practice.

Cultivating Quality: Beyond Socks, Signs, and Alarms: A Reflective Accountability Model for Fall Prevention
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