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## FEATURES

### 24 Original Research **OPEN**

#### **An Integrative Health Educational Intervention for RNs Working at Night: A Pilot Study**

By Jennifer Withall, Laura Gabbe, Lauren Link, Vincenza Coughlin, Debbie Grice Swenson, Sarah Kaplan, Victoria Marner, Diane Maydick-Youngberg, Alice Nash, and Kathleen Evanovich Zavotsky

This study aimed to assess whether a 13-week electronic, asynchronous integrative health educational intervention, tailored for clinical RNs working at night, was useful, applicable, and accessible to them.

### 32 Review Article

#### **Assessing and Promoting Sleep Health: A Brief Guide for Nurses** **NCPD**

By Youngran Cha and Suzanne S. Dickerson

This article outlines foundational information on sleep; general sleep health assessment; symptoms, risk factors, and screening measures related to common sleep disorders; and practical strategies to promote healthy sleep that nurses can share with patients.

### 38 Original Research **OPEN**

#### **Utilization of Pressure Injury Prevention Interventions in Acute Care Hospitals**

By Nora Warshawsky, Angela Pascale, Jill Cox, Virginia Capasso, and Laura E. Edsberg

The authors of this study examined the relationship between nurses' adherence to pressure injury prevention practices and hospital-acquired pressure injury development.

### 44 Program Evaluation **OPEN**

#### **Supporting Nurses When a Patient Dies**

By Esther Otis, Kathryn B. Reid, Lauren K. Sink, Patricia A. Scherle, and Johnsa Greene-Morris

The authors describe and evaluate the Post-Death Care Team Protocol, a systematic approach they designed and implemented to support nurses in the wake of a patient's death.

### 50 Quality Improvement

#### **Improving Hospital Delirium Screening and Documentation**

By Stephanie Chambers, Renu Bhargavi Boyapati, Rachel Gagliasso, Linda Griebenow, Shant Ayanian, Christopher Kohler, and Sandeep Pagali

This QI project sought to identify gaps in delirium screening and documentation, determine their possible causes, and design interventions to help improve the rate of required delirium screening and documentation by at least 50% over one year.

## ONLINE ONLY

### e1 Original Research **OPEN**

#### **Assessing Developmentally Supportive Care in Neonatal Nursing in China**

By Qian Sun, Jing Wang, Jiuqiao Xu, and Longyan Wu

This study aimed to assess the prevalence and determinants of developmentally supportive care practices among neonatal nursing staff in a hospital in China, thereby informing strategies to enhance clinical nursing interventions and training.

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