

FEATURES

SDC

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Mission Statement: The leading voice for the nursing profession since 1900, AJN promotes excellence in nursing and health care through the dissemination of evidence-based, peer-reviewed clinical information and original research, discussion of relevant and controversial professional issues, adherence to standards of journalistic integrity and excellence, and promotion of nursing perspectives to the health care community and the public.

22 Original Research

Using the Brøset Violence Checklist Beyond Behavioral Health and the ED: A Mixed-**Methods Study**

By Kathleen Russell-Babin, Mary Ann Friesen, Bernice D. Mowery, Audra Gollenberg, and Elyssa Wood This study aimed to determine the relationship between Brøset Violence Checklist scores and the incidence of violent behavior among patients on adult medical-surgical, telemetry, progressive care, and intermediate and intensive care units, and to identify nurse perceptions of barriers and facilitators related to the checklist's use.

28 **Review Article**

Best Practices for Person-Centered Nursing Care of LGBTQ+ Adults NCPD

By Liam C. Hein, Malissa A. Mulkey, Kristen R. Weaver-Toedtman, and Jennifer T. May

The authors discuss how nurses can create more inclusive and affirming health care environments for patients who identify as lesbian, gay, bisexual, transgender, and queer/questioning, or have other gender identities and sexual orientations.

38 Quality Improvement

Increasing Consumption of Healthy Snacks at an Early Head Start Center

By Laura Allen, Barbara V. Wise, and Suzanna Fitzpatrick

The authors describe a nutrition education program for low-income, racial or ethnic minority families to improve caregivers' preparation and children's enjoyment of healthy snacks, as well as caregivers' nutrition literacy.

Evidence-Based Decision-Making 52

Establishing Benchmarks SDC

By Kerry A. Milner, Susan Farus-Brown, Mary C. Zonsius, and Ellen Fineout-Overholt

This article, the seventh in a series on how to teach and facilitate learning about evidence-based practice and quality improvement, reviews benchmarking in nursing practice; explains external and internal benchmarking; identifies sources for benchmarks; and outlines steps for benchmarking, including its application in DNP projects.

59 **EBDM: Commentary**

External or Internal Benchmarking?

By Margo Halm

Routes to finding appropriate benchmarks to guide practice improvements.

ONLINE ONLY

e1 Original Research

Exploring Human Trafficking Screening Policies and Procedures in Health Care Facilities: A Cross-Sectional Study

By Beatriz Valdes, Deborah Salani, Ashley Falcon, Mary McKay, Hattie Runzheimer, Aileen Alvarez, and Joseph P. De Santis

This study explores existing human trafficking screening policies and procedures at health care facilities in two South Florida counties and assesses their comprehensiveness.

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