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Reminiscence, an independent nursing therapy used by a variety of health and social care professionals, can prevent or reduce depression.

222 Nurses' Advance Care Planning Communication: An Investigation

Kathy Black and Cathy Emmet

Planning in advance for future healthcare decision-making is increasingly important for older people. This study describes acute-based nurses' advance directive communication with their older patients. Results suggest that nurses' practices reflect a broader process of advance care planning and that age, years of experience and personal experience with advance directives are associated with communication practices.