

## EDITORIAL

### FROM THE EDITOR

- 5 United in a Common Cause: The National Workforce Alliance to Care for an Aging America**

*Barbara Resnick*

## FEATURE ARTICLES

- 8 Aggression in Persons with Dementia: Use of Nursing Theory to Guide Clinical Practice**

*Diane Dettmore, Ann Kolanowski, and Malaz Boustani*

This paper uses the Need-driven Dementia-compromised Behavior (NDB) model to explain aggression and discusses therapeutic approaches to care that combines non-pharmacological and pharmacological interventions targeting both the management of aggression crisis and preventing its future recurrence. A clinical algorithm guided by the NDB model is provided for practitioners.

- 18 Health and Health Behaviors Among Elderly Hispanic Women**

*George F. Shuster, Dorothy H. Clough, Patricia Grant Higgins, and Ben J. Klein*

The purpose of this study was to describe and analyze the relationship between health and health behaviors among elderly Hispanic women who were lifetime U.S. residents. A random sample of 132 elderly Hispanic women enrolled in a health maintenance organization participated in this cross-sectional survey of health prevention, promotion, and protection behaviors and dimensions of health as measured by the Medical Outcomes Study Short Form-36.

- 28 Ways to Maintain Independence Among Taiwanese Elderly Adults with Hip Fractures: A Qualitative Study**

*Tzu-Ting Huang, and Gayle J. Acton*

The majority of persons who experience hip fracture do not regain their pre-fracture functional level. This study explores ways that elders maintain independence while coping with hip fractures. The data showed three major ways that independence was maintained: by social support, resilience, and accepting the natural process.

- 36 Managing Sleep Disturbances in Adult Family Homes: Recruitment and Implementation of a Behavioral Treatment Program**

*Susan M. McCurry, David M. LaFazia, Kenneth C. Pike, Rebecca G. Logsdon, and Linda Teri*

This article describes a Sleep Education Program (SEP) designed to teach owner/operators and direct care staff working in adult family homes (AFHs) how to improve the sleep and nighttime behavior of older residents with dementia.

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