

EDITORIAL

FROM THE EDITOR

- 81 Preferences for Long-Term Care: What Does Love and Culture Have to Do with It?**

Barbara Resnick

- 83 Acknowledgment to the Panel of Review for 2008**

FEATURE ARTICLES

- 85 Use of Selective Serotonin Reuptake Inhibitors in the Treatment of Depression in Older Adults: Identifying and Managing Potential Risk for Hyponatremia**

Patricia D. Bowen

Consideration of selective serotonin reuptake inhibitors (SSRIs) as one form of treatment for depression is a clinically sound option; however, awareness of a potential side effect rarely reported in the general population yet prevalent among the elderly is essential: SSRI-induced hyponatremia with associated mental status impairment. Through knowledge, early recognition, and prompt intervention strategies, the clinician will be prepared to manage hyponatremia and reverse its serious consequences.

- 90 Beliefs about Self-Care among Nursing Home Staff and Residents in Taiwan**

Su-Hsien Chang

This study used a qualitative approach to gain a deeper understanding of nursing home staff's and residents' beliefs about self-care and explored the influence of Chinese culture and philosophy on these beliefs. Both staff and residents had several similar beliefs

within three major themes: the importance of performing self-care, barriers to regain self-care ability, and facilitators to regain self-care ability.

- 99 Mouth Care in Nursing Homes: Knowledge, Beliefs, and Practices of Nursing Assistants**

Rita A. Jablonski, Cindy L. Munro, Mary Jo Grap, Christine M. Schubert, Mary Ligon, and Pamela Spigelmyer

The purpose of this study was to examine the knowledge, beliefs, and practices of nursing assistants (NAs) providing oral hygiene care to frail elders in nursing homes, with the intent of developing an educational program for NAs.

- 108 Massage in the Management of Agitation in Nursing Home Residents with Cognitive Impairment**

Diane M. Holliday-Welsh, Charles E. Gessert, and Colleen M. Renier

Massage is an accessible, easily learned intervention that is effective in controlling some types of agitation in elders with cognitive impairment.

DEPARTMENTS

PHARMACY COLUMN

- 118 Clinical Approaches to Assessing and Managing Nursing Home Residents with Chronic Kidney Disease**

Barbara J. Zarowitz

LEGAL COLUMN

- 124 CMS Revises Reporting Requirements for Physicians, Nonphysician Practitioners, and Suppliers**

Susan A. Turner

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ASSISTED LIVING COLUMN

- 126** **There's No Place Like Home**
Ethel Mitty and Sandi Flores

ACUTE CARE OF THE ELDERLY COLUMN

- 130** **The Plateau of Recognition in Specialty Acute Care**
Sarah H. Kagan

NGNA SECTION

- 132** **The Effect of Tai Chi on Knee Osteoarthritis Pain in Cognitively Impaired Elders: Pilot Study**
Pao-Feng Tsai, Cornelia Beck, Jason Y. Chang, Jody Hagen, Yong-Fang Kuo, Paula K. Roberson, Karl Rosengren, Linda Beuscher, Catherine L. Doan, and K.J.S. Anand

NCGNP SECTION

- 140** **GAPNA Welcomes New Section Editor**

AALNA SECTION

- 144** **AALNA Report**

READER SERVICES

- 79** **Editorial Board**
80 **Information for Readers**
e1 **Information for Authors**

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