GERIATRIC NURSING

VOL. 31, NO. 4 □ JULY/AUGUST 2010

EDITORIAL

FROM THE EDITOR

243 Health Care Reform: What Does It Mean for Older Adults?

Barbara Resnick

FEATURE ARTICLES

246 Formal Caregiver Burden in Dementia: Impact of Behavioral and Psychological Symptoms of Dementia and Activities of Daily Living

Yuki Miyamoto, Hisateru Tachimori, and Hiroto Ito

The results of this study support a positive relationship between impact of behavioral and psychological symptoms of dementia, low activities of daily living level, and formal caregiver burden in caring for residents with dementia. These results illustrate the different characteristics of the burdens on staff members in contrast with those providing informal care.

254 Exploration of Informal Caregiving Following Hip Fracture

Eun-Shim Nahm, Barbara Resnick, Denise Orwig, Jay Magaziner, and Mary DeGrezia

Informal caregivers of older adult hip fracture patients have assumed a critical role, providing consistent support to these individuals. Findings from this study revealed that there are unmet support needs expressed by informal caregivers of older adult who have experienced a hip fracture.

263 Sleep in Hospitalized Elders: A Pilot Study

Kathy Missildine, Nancy Bergstrom, Janet Meininger, Kathy Richards, and Marquis D. Foreman The purpose of this study was to objectively and subjectively describe the sleep of elders hospitalized on a general medical unit, and to determine the link between sleep and nighttime noise and light levels.

272 Dissemination and Benefits of a Replicable Tai Chi and Qigong Program for Older Adults

Roger A. Jahnke, Linda K. Larkey, and Carol Rogers

Tai Chi and Qigong (TCQG) show promise for improving many health outcomes and are recommended for dissemination to older adults. This descriptive dissemination study utilized a standardized TCQG intervention, "Tai Chi Easy," to train non-expert practice leaders in conducting practice sessions.

DEPARTMENTS

PHARMACY COLUMN

281 Complementary and Alternative Medicines: Clinical Pearls for Commonly Used Dietary Supplements'

Barbara J. Zarowitz

LEGAL COLUMN

Practitioners and Clinical Nurse
Specialists Relating to Enrollment,
Documentation, and Ordering and
Referring Requirements
Howard L. Solling, Danna L. Capita and

Howard L. Sollins, Donna J. Senft, and Lisa D. Stevenson

Assisted Living Column

290 Medication Adherence is a Partnership, Medication Compliance is Not

Elaine Gould and Ethel Mitty

GERIATRIC NURSING

VOL. 31, NO. 4 □ JULY/AUGUST 2010

Cystitis and UTIs in Elders: To Treat or ACUTE CARE OF THE ELDERLY 308 Not to Treat COLUMN Lisa Byrd 299 **Geriatric Syndromes in Practice: Delirium is Not the Only Thing** Sarah H. Kagan **AALNA SECTION AALNA News, Notes, and Updates** 312 NGNA SECTION Josh Allen 302 WANTED: NGNA Seeks Visionary, **Innovative and Futuristic** Gerontological Nurse Leaders for the **NICHE SECTION Next 25 Years** 314 Another in a Continuing Series of Sara L. Campbell **Articles Highlighting Geriatric Care** Innovations Developed by **GAPNA SECTION NICHE-Designated Hospitals GAPNA: Coming Together: Joining with** 306 Barbara Bricoli **Others** Patricia Kappas-Larson READER SERVICES 306 **Elders in Nursing Homes are Having Difficulty Obtaining Pain Medications** 241 **Editorial Board Because of DEA Regulations** Lisa Byrd 242 **Information for Readers** e1 Information for Authors 307 Direct Effects of Hypoalbuminemia on Warfarin and Phenytoin Levels in

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