

GERIATRIC NURSING

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85 Gentian Violet 1% Solution in the Treatment of Wounds in the Geriatric Patient: A Retrospective Study

Karen J. Farid, Kathy Kelly, and Shyla Roshin

The purpose of this study was to examine both of the safety and the effectiveness of gentian violet 1% in promotion of healing in the geriatric patient, a cost effective and easy to use treatment for eschars and wounds without depth.

96 Retired RNs: Perceptions of Volunteering

Katherine C. Cocca-Bates and Leslie Neal-Boylan

Regardless of the type of volunteer position, retired RNs reported that they use what they have learned as nurses when they volunteer. Volunteering benefits include enhanced self-worth, intellectual stimulation, reduced social isolation, and opportunities to help others.

106 Enhancing Functional Balance and Mobility Among Older People Living in Long-Term Care Facilities

Jennifer C. Nitz and Diane L. Josephson

This study of long-term care residents suggest participation in a balance

strategy training program improves resident functional mobility and balance.

114 Mindfulness Meditation to Improve Care Quality and Quality of Life in Long-Term Care Settings

Janice M. Zeller and Karen Lamb

Mindfulness training, which cultivates a practice of being present in the moment, recognizing stressful situations when they arise, and responding to stress in an adaptive manner, holds promise as a simple, inexpensive approach to reduce nursing assistant stress and improve quality of care and quality of life for residents in long term care settings.

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