

GERIATRIC NURSING

VOL. 34, NO. 4 □ JULY/AUGUST 2013

EDITORIAL

FROM THE EDITOR

- 265** **Our goodbye and letter of thanks to Ethel Mitty**
Barbara Resnick

FEATURE ARTICLES

- 267** **Cognitive stimulation by caregivers for people with dementia**

Maarten Milders, Stephen Bell, Angus Lorimer, Tom MacEwan, and Alison McBain

Cognitive stimulation (CS) is a psychological intervention for people with dementia aimed at maintaining cognitive functioning. CS provided by caregivers would allow long-term maintenance without greatly increasing demands on health services but raises questions concerning treatment fidelity and acceptability, which were investigated in this study.

- 274** **The comprehensive frailty assessment instrument: Development, validity and reliability**

Nico De Witte, Robbert Gobbens, Liesbeth De Donder, Sarah Dury, Tine Buffel, Jos Schols, and Dominique Verté

This study addresses the development and psychometric properties of the Comprehensive Frailty Assessment Instrument. This new self-reporting instrument includes physical, psychological, social and environmental domains.

- 282** **Comparison of postprandial blood pressure reduction in the elderly by different body position**

Jung Tae Son, and Eunjoo Lee

The purpose of this study was to determine whether different body positions — Fowler's, supine, and left lateral — as compared with a sitting position can prevent postprandial drops in blood pressure in older adults.

- 289** **Health despite frailty: Exploring influences on frail older adults' experiences of health**

Zahra Ebrahimi, Katarina Wilhelmson, Kajsa Eklund, Crystal Dea Moore, and Annika Jakobsson

The aim of this study was to explore and identify influences on frail older adults' experience of health.

- 295** **Examining the feasibility and utility of an SBAR protocol in long-term care**

Susan M. Renz, Marie P. Boltz, Laura M. Wagner, Elizabeth A. Capezuti, and Thomas E. Lawrence

This quality improvement project evaluated the influence of SBAR (Situation; Background of the change, Assessment or appearance; and Request for action) protocol and training on nurse communication with medical providers, as perceived by nurses and physicians, using a pre-post questionnaire.

GERIATRIC NURSING

VOL. 34, NO. 4 □ JULY/AUGUST 2013

302 Caring for loved ones with frontotemporal degeneration: The lived experiences of spouses

Lauren Massimo, Lois K. Evans, and Patricia Benner

The purposes of the interviews described here were to begin to explore spouses perceived experiences of and responses to living with a person with frontotemporal degeneration (FTD).

307 Symptoms, aging-stereotyped beliefs, and health-promoting behaviors of older women with and without osteoarthritis

Hyun-E Yeom

Compared to older women without osteoarthritis, those with osteoarthritis reported significantly more symptoms, a higher level of aging-stereotyped beliefs, and a lower level of health-promoting behaviors.

314 The effect of healing touch on the pain and mobility of persons with osteoarthritis: A feasibility study

Der-Fa Lu, Laura K. Hart, Susan K. Lutgendorf, and Yelena Perkhounkova

The aims of this pilot study were to investigate the effects of Healing Touch on the pain level, joint function, mobility, and depression in persons with osteoarthritis of the knee joint.

DEPARTMENTS

PHARMACY COLUMN

323 It's a microscopic world after all: Prebiotics, probiotics, and synbiotics

Allen L. Lefkowitz, and Barbara J. Zarowitz

LEGAL COLUMN

326 Changes coming to MDS reporting of Medium Rehabilitation RUGs categories

Susan A. Turner

ASSISTED LIVING COLUMN

328 Five treatments nurses can better direct

Richard G. Stefanacci, and Dan Haimowitz

ACUTE CARE OF THE ELDERLY COLUMN

332 Adapting the Acute Care for Elders (ACE) model to your hospital

Mary Fox

NGNA SECTION

335 Strategic planning for organizational effectiveness during dynamic change

Susan L. Carlson, Melodee Harris, and Nanci McLeskey

GAPNA SECTION

339 Two GNP's create and innovate in an independent house call practice

Debra Bakerjian, and Phyllis J. Atkinson

340 Practice brief: A hydration initiative in a long-term care facility

Elizabeth M. Long, Amber Rickenbrode, and Tammie Thibodeaux

342 Communication and nursing: Reflections of a broadcast journalist nurse

Carole Bartoo

GERIATRIC NURSING

VOL. 34, NO. 4 □ JULY/AUGUST 2013

AALNA SECTION

- 344** **An industry leader and dear friend—
a tribute to Dr. Ethel Mitty**
Josh Allen

NICHE SECTION

- 345** **NICHE 16th Annual Conference—
Forging New Paths and Partnerships**
Barbara Bricoli

READER SERVICES

- 261** **Editorial Board**
- 263** **Information for Readers**
- e1** **Information for Authors**