

EDITORIAL

FROM THE EDITOR

7 **Promoting positive behavioral health: A non-pharmacologic Toolkit for senior living communities**

Barbara Resnick, Ann Kolanowski, and
Kimberly S. Van Haitsma

Matthew K. McNabney, Chiadi Onyike,
Deirdre Johnston, Lawrence Mayer,
Constantine Lyketsos, Jason Brandt,
Adam Rosenblatt, and Quincy Samus

Many residents of assisted living have chronic diseases that are difficult to manage, including congestive heart failure, chronic obstructive pulmonary disease and diabetes. We estimated the amount and intensity of care delivered by the staff for residents with these conditions.

FEATURE ARTICLES

9 **Effects of Tai Chi on cognitive function in community-dwelling older adults: A review**

Sally M. Miller and Ruth E. Taylor-Piliae

This article is a review of recent research on Tai Chi and cognitive function in community-dwelling older adults. Of the 12 studies reviewed, 10 reported improvement in measures of executive function, language, learning, and/or memory.

20 **The impact of combined use of fall-risk medications and antithrombotics on injury severity and intracranial hemorrhage among older trauma patients**

Natalie Hohmann, Lindsey Hohmann, and
Michael Kruse

The primary objective of this study is to assess the simultaneous outpatient use of fall-risk medications and antithrombotics in elderly fall-patients, and secondarily to analyze the injury severity score and occurrence of intracranial hemorrhage.

26 **The impact of complex chronic diseases on care utilization among assisted living residents**

31 **The association between participation in social activity and depressive symptoms in institutionalized elders in Taiwan**

Ya-Chuan Hsu and Cheryl L. Wright

This cross-sectional, descriptive correlational study was to examine the associations between three components (frequency, meaningfulness and enjoyment) of nine types of social activities and depressive symptoms in a sample of Taiwanese elders living in long-term care facilities.

37 **Physical activity and depressive symptoms in older adults**

Heeyoung Lee, Jung-Ah Lee, Jaspreet S. Brar,
Elizabeth B. Rush, and Christina J. Jolley

The purpose of this study was to explore the association between physical activity and depressive symptoms, taking into account demographic factors, and the associations between selected demographic factors and physical activity levels in community-dwelling older adults.

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- 42 The satisfaction with the quality of dementia care and the health, burnout and work ability of nurses: A longitudinal analysis of 50 German nursing homes**

Sascha G. Schmidt, Martin N. Dichter,
Sabine Bartholomeyczik, and
Hans Martin Hasselhorn

The findings of this study imply that in nursing homes satisfaction with quality of care for residents with dementia may be a relevant work factor with substantial impact on nurses' core resources.

- 47 The process of adult day service use**

Joseph E. Gaugler

The objective of this study was to examine why and how families and older adults utilize adult day services.

- 55 Maintaining dignity for residents of care homes: A qualitative study of the views of care home staff, community nurses, residents and their families**

Sue Hall, Rachael H. Dodd, and
Irene J. Higginson

It is important to remove the gap between the rhetoric of dignity conserving care and the reality experienced by residents in health care settings.

DEPARTMENTS

PHARMACY COLUMN

- 61 Thank you to Dr. Barbara Zarowitz**
Barbara Resnick

LEGAL COLUMN

- 63 Recent developments in long term care/hospice relationships**
Susan A. Turner

ASSISTED LIVING COLUMN

- 65 The ins and outs of ALCs**
Richard G. Stefanacci and Dan Haimowitz

ACUTE CARE OF THE ELDERLY COLUMN

- 69 Compassion**
Sarah H. Kagan

NGNA SECTION

- 71 Application of the Antipsychotic Use in Dementia Assessment audit tool to facilitate appropriate antipsychotic use in long term care residents with dementia**

Kelly Watson-Wolfe, Elizabeth Galik,
Jennifer Klinedinst, and Nicole Brandt

The purpose of this quality improvement project was to test the utility of an educational in-service to facilitate the appropriate use of antipsychotics for nursing home residents with dementia.

GAPNA SECTION

- 77 CMS national partnership to improve dementia care in nursing homes**
Debra Bakerjian

- 78 GAPNA members sightings at GSA!**
Debra Bakerjian

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80 Reducing the risk of litigation

Rebecca Adelman and
Josh Allen

NICHE SECTION

82 NICHE Solutions – Seventh in a series: Focus on delirium

Linda Bub

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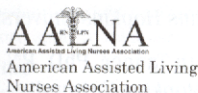
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