

GERIATRIC NURSING

VOL. 35, NO. 3 □ MAY/JUNE 2014

EDITORIAL

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- 173** You're invited to join the Society for Post-Acute and Long-Term Care Medicine: Answer YES!

Barbara Resnick

FEATURE ARTICLES

- 175** Nurse/family caregiver intervention for delirium increases delirium knowledge and improves attitudes toward partnership

Deborah A. Rosenbloom and Donna M. Fick

The Nurse/Family Caregiver Partnership for Delirium Prevention is an innovative educational program that concurrently teaches family caregivers and nurses about delirium and partnering in prevention.

- 182** Retooling the RN workforce in long-term care: Nursing certification as a pathway to quality improvement

Mary E. Cramer, Robin High, Beth Culross, Deborah Marks Conley, Preethy Nayar, Anh T. Nguyen, and Diptee Ojha

Asking long term care owners to invest in retooling their RN workforce through clinical certification education will require tangible evidence of how those dollars can improve care quality and financial bottom lines.

- 188** Implementation of a self-care of heart failure program among home-based clients

Rebecca Bryant and Phyllis Gaspar

The purpose of this evidence-based practice project was to examine how a self-care of the heart failure program

Heart Failure Self-care to Success impacts hospital admissions and patient perceptions of self-care management.

- 194** Cognitive interventions for older adults: Does approach matter?

Kristine Williams, Ruth Herman, and Erin Kate Smith

Relative costs and effects of various training formats are important to consider when developing, testing, and disseminating interventions targeting older adults.

- 199** The specialized role of the RN in the Program of All-inclusive Care for the Elderly (PACE) interdisciplinary care team

Karen A. Madden, Mary Waldo, and Deborah Cleeter

The intent of this study was to explore and describe the role of the RN in PACE and to compare nursing care delivery models.

- 205** The effect of humor on elder mental and physical health

Freda DeKeyser Ganz and Jeremy M. Jacobs

Compared to controls, subjects in the workshop had significantly lower follow-up levels of anxiety and depression and improved general well-being.

- 212** Effects of endurance exercise training on risk components for metabolic syndrome, interleukin-6, and the exercise capacity of postmenopausal women

Chia-Hui Wang, Min-Huey Chung, Paul Chan, Jen-Chen Tsai, and Feng-Chia Chen

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Our results indicate endurance exercise exerted significant beneficial effects on waist circumference, serum high-density lipoprotein cholesterol (HDL-C) and IL-6 levels, and exercise capacity.

219 Motivational interviewing for older adults in primary care: A systematic review

Janet Purath, Annmarie Keck, and
Cynthia E. Fitzgerald

Motivational Interviewing (MI), a type of conversational method, has shown been effective in eliciting health behavior changes in people in a variety of settings and may also be a useful tool to help older adults change. MI shows promise as a technique to elicit health behavior change among older adults.

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Josh Allen

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