### GERIATRIC NURSING

VOL. 36, NO. 4 ☐ JULY/AUGUST 2015

#### **EDITORIAL**

FROM THE EDITOR

The end of the sustainable growth rate: What was it and what happens next?

Barbara Resnick

#### **FEATURE ARTICLES**

261 The development of the MIBBO: A measure of resident preferences for physical activity in long term care settings

> Melanie Kleynen, Susy M. Braun, Kim van Vijven, Erik van Rossum, and Anna J. Beurskens

The most frequently chosen activities were: gymnastics and orchestra (each 28%), preparing a meal (31%), walking (outside, 33%), watering plants (38%), and feeding pets (40%). In a retest one week after the initial interview 69.4% agreement of chosen activities was seen.

### 267 Understanding infection prevention and control in nursing homes: A qualitative study

Patricia W. Stone, Carolyn T.A. Herzig, Monika Pogorzelska-Maziarz, Eileen Carter, Ragnhildur I. Bjarnadottir, Patricia K. Semeraro, Catherine C. Cohen, Jasmine Travers, and Steven Schweon

While all sites had hand hygiene programs, other recommended areas were not a focus and many sites were not aware of available resources. Developing ways to ensure effective, efficient and standardized infection prevention and control in NHs continues to be a national priority.

# 273 Using a personalized DVD to prescribe an exercise program to older people post-hip fracture enhances adherence to the exercises – A feasibility study

Luke Moran, Jacqueline Francis-Coad, Shane Patman, and Anne-Marie Hill

Levels of adherence to the home exercise program were 1.2 to 3.5 times more than the minimum prescribed dose and participants demonstrated higher levels of self-efficacy for exercise.

#### 281 Trends in Reporting of Abuse and Neglect to Long Term Care Ombudsmen: Data from the National Ombudsman Reporting System from 2006 to 2013

Elizabeth M. Bloemen, Tony Rosen, Sunday Clark, Denis Nash, and Thelma J. Mielenz

Physical abuse by a non-resident was the most common type of abuse/neglect reported each year, representing an average of 28% of total abuse/neglect complaints.

### 284 Measuring caregiver activation for health care: Validation of PBH-LCI:D

Tatiana Sadak, Anna Korpak, and Soo Borson

PBH-LCI:D measures a unique construct and therefore should be useful as a marker of caregiver needs for education and behavioral change coaching, and as the foundation for developing interventions to enhance caregiver activation and successful partnership with clinicians.

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293 Characterization of the peripheral artery disease symptom experience Erica N. Schorr, Cynthia Peden-McAlpine,

Erica N. Schorr, Cynthia Peden-McAlpine, Diane Treat-Jacobson, and Ruth Lindquist

Only 7.5% to 33% of patients report claudication as being part of their symptom experience. However, there is little evidence supporting atypical symptom reporting. The study purpose was to describe the full spectrum of symptoms experienced by older and younger individuals with PAD.

301 Psychometric evaluation of the Korean Version of the Self-Efficacy for Exercise Scale for older adults

Mona Choi, Sangwoo Ahn, and Dukyoo Jung

The Self-Efficacy for Exercise Scale appears to have satisfactory validity and reliability among older adults in South Korea.

306 In Hospital We Trust: Experiences of older peoples' decision to seek hospital care

Jenny Hallgren, Marie Ernsth Bravell, Anna K. Dahl Aslan, and Iréne Josephson

Understanding older peoples' arguments for seeking hospital care may have implications for how homecare staff address individuals' perceived needs. Fulfilment of perceived health needs may reduce avoidable hospitalizations and consequently improve quality of life.

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Quick call 911 or maybe not... More than little old women...

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> Alice E. Dupler, Neva L. Crogan, and Mirjeta Begiri

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