

EDITORIAL

FROM THE EDITOR

- 91** **Improving care through diagnostic reasoning**

Barbara Resnick

ACKNOWLEDGMENT TO REVIEWERS

- 93** ***Geriatric Nursing's* 2015 reviewer list**

FEATURE ARTICLES

- 96** **Factors related to the mobility of hospitalized older adults: A prospective cohort study**

Anna Zisberg and Anat Syn-Hershko

Results suggest that hospital environment, sleep-medication consumption, and caloric intake during hospitalization need to be addressed in attempts to improve in-hospital mobility in older adults.

- 101** **Influence of oral moisturizing jelly as a saliva substitute for the relief of xerostomia in elderly patients with hypertension and diabetes mellitus**

Supranee Dalodom, Aroonwan Lam-ubol, Sutha Jeanmaneechotechai, Lalana Takamfoo, Watanyoo Intachai, Kochaporn Duangchada, Buakhao Hongsachum, Panitnart Kanjanatiwat, Piamkamon Vacharotayangul, and Dunyaporn Trachootham

The use of oral moisturizing jelly for 2 weeks significantly reduced symptoms of dry mouth, while the use for 1 month reduced the signs of xerostomia, prevented the decline of salivary pH(s) and improved buffering capacities.

- 110** **Is the experience of meaningful activities understood in nursing homes? A qualitative study**

Domingo Palacios-Ceña, Cristina Gómez-Calero, José Miguel Cachón-Pérez, Juan Francisco Velarde-García, Rosa Martínez-Piedrola, and Marta Pérez-De-Heredia

Three main themes describing the significance of meaningful activity in nursing homes emerged from the data: Feeling the passage of time, Seeking an occupation, and Living with restrictions.

- 116** **Impact of resistance training on sarcopenia in nursing care facilities: A pilot study**

Bothaina H. Hassan, Jennifer Hewitt, Justin W.L. Keogh, Sandra Bermeo, Gustavo Duque, and Tim R. Henwood

Resistance and balance exercise has positive benefits for older adults residing in a nursing care facilities which may transfer to reduce disability and sarcopenia transition, but more work is needed to ensure improved program uptake among residents.

- 122** **Physical factors underlying the Timed "Up and Go" test in older adults**

Vicent Benavent-Caballer, Alejandro Sendín-Magdalena, Juan Francisco Lisón, Pedro Rosado-Calatayud, Juan José Amer-Cuenca, Pablo Salvador-Coloma, and Eva Segura-Ortí

The Timed "Up-and-Go" test is highly correlated with the Berg balance scale score and knee extension strength, measures that represent common performance tasks in everyday life.

GERIATRIC NURSING

VOL. 37, NO. 2 □ MARCH/APRIL 2016

128 Impact of self-tongue brushing on taste perception in Thai older adults: A pilot study

Jirakate Madiloggovit,
Nattida Chotechuang, and
Dunyaporn Trachootham

Oral hygiene influences taste, affecting appetite and nutrition in older adults. Based on this study results, continuous tongue brushing for 3 months reduced tongue coat and improved subjective taste in 74% of participants.

137 The impact of sleep duration on recovery post-hip fracture among older diabetic adults in Taiwan

Wen-Yu Kuo, Yea-Ing Lotus Shyu,
Jong-Shyan Wang, Min-Chi Chen,
Chi-Chuan Wu, and Yueh-Fang Huang

This longitudinal study found that an abnormal sleep duration and a low daily activity level were common among hip-fractured older people with DM during the first six months following hospital discharge for hip surgery.

DEPARTMENTS

PHARMACY COLUMN

145 Treatment of clostridium difficile infections

William Simonson

LEGAL COLUMN

147 Certifying the medical necessity for skilled nursing and skilled therapy services

Donna J. Senft

ASSISTED LIVING COLUMN

150 Assisting with food glorious food

Richard G. Stefanacci and
Daniel Haimowitz

ACUTE CARE OF THE ELDERLY COLUMN

153 Adverse drug events in older hospitalized adults: Implications for nursing practice

Lorraine C. Mion and Satinderpal K. Sandhu

GAPNA SECTION

156 Moving toward consensus: GAPNA's role in implementation of the consensus model for APRN regulation

Laurie Kennedy-Malone, Natalie R. Baker,
and Evelyn G. Duffy

159 GAPNA National Office updates

160 Update on preoperative assessment for geriatric patients prior to elective surgery

Shelley R. McDonald and
Mitchell T. Heflin

NICHE SECTION

163 NICHE Hospitals Report: Readmissions – First in a series

Barbara Bricoli

GERIATRIC NURSING

VOL. 37, NO. 2 □ MARCH/APRIL 2016

AGS SECTION

165

**#AGS16: Finding new insights
on theory and practice for
geriatric nursing**

Steven R. Counsell

READER SERVICES

88 Editorial Board

89 Information for Readers

e1 Information for Authors