GERIATRIC NURSING

VOL. 37, NO. 5 ☐ SEPTEMBER/OCTOBER 2016

EDITORIAL

FROM THE EDITOR

Never underestimate the value of innovative, not quite evidence based approaches to care

Barbara Resnick

FEATURE ARTICLES

An integrative review of physical activity/exercise intervention effects on function and health-related quality of life in older adults with heart failure

Theresa A. Floegel and G. Adriana Perez

Higher levels of physical activity, even in older adults already suffering chronic heart failure, may improve physical function and fitness level and thus reduce morbidity and mortality.

348 Associations among pain, depression, and functional limitation in low-income, home-dwelling older adults: An analysis of baseline data from CAPABLE

> Patrick D. Smith, Kathleen Becker, Laken Roberts, Janiece Walker, and Sarah L. Szanton

By addressing pain and depression, two modifiable conditions which are associated with functional limitation, healthcare workers may improve older adults' quality of life while simultaneously advancing cost-effective, patient-centered care.

Physical activity in older adults in a combined functional circuit and walking program

Nancy Ambrose Gallagher, Philippa Clarke, and Emily Carr

Baseline findings suggest that physical activity in this population may be influenced by both individual and environmental factors, including confidence in the ability to remain physically active despite facility or neighborhood barriers.

360 The rote administrative approach to death in senior housing: Using the other door

Heidi H. Ewen, Katherina Nikzad-Terhune, and Jasleen K. Chahal

Findings suggest the need for consistency regarding how senior housing administrators approach the death of a resident and provide support for staff members

Which characteristics of nursing home residents relate to factors influencing their dignity?

Mariska G. Oosterveld-Vlug, Henrica C.W. de Vet, H. Roeline W. Pasman, Isis E. van Gennip, Dick L. Willems, and Bregje D. Onwuteaka-Philipsen

Results showed that not being optimistic, being male and/or being heavily dependent predispose nursing home residents to have their dignity undermined.

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371 Medication management interventions in patients enrolled in GRACE Team Care

Kofi K. Quist, Steven R. Counsell, Cathy C. Schubert, and Michael Weiner

Medication management, a key GRACE component, may contribute to reducing hospitalization rates.

376 Home-based caregiver training: Benefits differ by care receivers' dementia diagnosis

Li-Min Kuo, Huei-Ling Huang, Wen-Chuin Hsu, Yi-Ting Wang, and Yea-Ing L. Shyu

Patients with dementia differ in their behavioral and psychological symptoms according to their diagnosis with Alzheimer's Disease or vascular dementia, requiring different symptom management strategies.

385 Relationship between high blood pressure and cardiovascular outcomes in elderly frail patients: A systematic review and meta-analysis Xiu-E. Zhang, Bei Cheng, and Qian Wang

In elderly frailty patients, hypertension has a protective effect in lowering risk of overall mortality. Accurate identification of such elderly population is necessary for optimizing healthcare.

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NGNA SECTION

404 Addressing future demands:
Development of an online
gerontological nursing course
Beth Mastel-Smith, Tracy Nash, and
Kleanthe Caruso

Innovative approaches to engage nursing students in geriatric content hold the potential to improve attitudes. This article describes the process of developing, implementing and evaluating an online, undergraduate Nursing Gerontology course.

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