## GERIATRIC NURSING

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### **EDITORIAL**

FROM THE EDITOR

**424** Why is there no "c" in nursing? Barbara Resnick

#### FEATURE ARTICLES

426 INFOSA intervention for caregivers of the elderly, an experimental study

Adelaida Zabalegui, Maria Galisteo, Maria Montserrat Navarro, and Esther Cabrera

The INFOSA intervention reduced burden and emotional distress and enhanced caregivers' perceived social support in the short-term, suggesting that applying the intervention for an extended period could maintain the positive effect in the long-term.

434 Infusion treatments and deep brain stimulation in Parkinson's Disease:
The role of nursing

Anna De Rosa, Alessandro Tessitore, Leonilda Bilo, Silvio Peluso, and Giuseppe De Michele

Infusion therapies need adequate training both of caregivers and nursing staff in order to assist clinicians in the management of patients in the complicated stages of disease.

440 End of life care in nursing homes: Translating focus group findings into action

> Johannes Bükki, Petra M. Neuhaus, and Piret Paal

Nursing home staff expresses willingness to care for the dying. Being able to provide high quality end of life care even enhances their personal integrity and professional resilience. Therefore, team issues, fears, and avoidance should be addressed.

446 Predicting long-term nursing home transfer from MI choice waiver program

Xiaoting Wu, Chenxi Li, Kathleen Oberst, and Charles Given

This study provides insights on the characteristics of waiver elderly with increased hazards of long-term nursing home placement, and can be useful for policy-makers to develop relevant support to reduce LT-NH transfers from the home and community settings.

453 Feasibility of nurses measuring gait speed in older community-dwelling Emergency Department patients

Paula W. Tucker, Dian Dowling Evans, Carolyn K. Clevenger, Michelle Ardisson, and Ula Hwang

This project demonstrates Emergency Department (ED) gait speed screening may be feasible. Implications for practice should consider incorporating gait speed screening into routine nursing assessment to improve provider ED decision-making and disposition planning.

458 How trained volunteers can improve the quality of hospital care for older patients. A qualitative evaluation within the Hospital Elder Life Program (HELP)

Bas Steunenberg, Roos van der Mast, Marije J. Strijbos, Sharon K. Inouye, and Marieke J. Schuurmans

The trained volunteers daily stimulate older patients, at risk of a delirium, to eat, to drink, and to exercise, and they provide walking assistance and cognitive stimulation.

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464 Assessing knowledge, motivation and perceptions about falls prevention among care staff in a residential aged care setting

Jo-Aine Hang, Jacqueline Francis-Coad, Bianca Burro, Debbie Nobre, and Anne-Marie

Preliminary findings suggest that education to change care staff behavior regarding falls prevention should target improving care staff knowledge and awareness of falls.

470 Expressing sexuality in nursing homes. The experience of older women: A qualitative study

Domingo Palacios-Ceña, Rosa María Martínez-Piedrola, Marta Pérez-de-Heredia, Elisabet Huertas-Hoyas, Pilar Carrasco-Garrido, and Cesar Fernández-de-las-Peñas

Three main themes emerged from the data: expressing sexuality, sexuality as a duty, and respecting vows.

#### **DEPARTMENTS**

PHARMACY COLUMN

478 Does calcium supplementation increase the risk of cardiovascular disease?

William Simonson

LEGAL COLUMN

480 CMS overhauls nursing facility regulations

Susan A. Turner

ASSISTED LIVING COLUMN

Keeping your house clean and safe:
Facility-based infection control and
prevention

Richard G. Stefanacci and Albert Riddle

ACUTE CARE OF THE ELDERLY COLUMN

**487** The power and importance of sleep Elizabeth A. Capezuti

NGNA SECTION

489 Measuring fear of falling among high-risk, urban, community-dwelling older adults

Sherry A. Greenberg, Eileen Sullivan-Marx, Marilyn (Lynn) S. Sommers, Jesse Chittams, and Pamela Z. Cacchione

This study supports the use of both Fear of Falling (FOF) Likert scale and Falls Self Efficacy Scale- International tools for thorough FOF measurement.

GAPNA SECTION

496 Exemplars in advanced practice gerontological nursing: A GAPNA series – GAPNA consensus statement on proficiencies for the APRN-gerontological specialist: proficiency statement 8

Virginia Lee Cora

**501 GAPNA 2016 Conference and Foundation Awards**Valerie K. Sabol