

# GERIATRIC NURSING

VOL. 39, NO. 3 □ MAY/JUNE 2018

## EDITORIAL

### FROM THE EDITOR

#### **261 What will you put in your shadow/memory box?**

Barbara Resnick

## FEATURE ARTICLES

#### **263 Exploring falls prevention capabilities, barriers and training needs among patient sitters in a hospital setting: a pilot survey**

Lex D. de Jong, Su Kitchen, Zi Foo, and Anne-Marie Hill

Patient sitters need more training, and work practice needs to be standardised prior to future research into sitter use for falls prevention.

#### **271 Resident Choice: A Nursing Home Staff Perspective on Tensions and Resolutions**

Jennifer A. Palmer, Victoria A. Parker, Dan Berlowitz, A. Lynn Snow, and Christine W. Hartmann

Staff conveyed a lack of clarity on how to realize resident choice when faced with varying tensions, especially the competing goal of resident medical and safety needs.

#### **279 Amplified hearing device use in acute care settings for patients with hearing loss: A feasibility study**

Amber R. Kimball, Cecelia I. Roscigno, Coretta M. Jenerette, Kimberly M. Hughart, Wendy W. Jenkins, Wesley Hsu

Twenty-four patients expressed satisfaction with the amplified hearing device and would use it in future hospitalizations. One patient indicated dissatisfaction. All nurses whom cared for the patients indicated satisfaction with the device.

#### **285 Health literacy and its correlates in informal caregivers of adults with memory loss**

Yun Jiang, Susan M. Sereika, Jennifer H. Lingler, Lisa K. Tamres, Judith A. Erlen

Findings suggest limited health literacy is a potential issue among informal caregivers of adults with memory loss. Appropriate assessment and personalized support are needed for informal caregivers who are at high risk for poor health literacy.

#### **292 Does acute care for the elderly (ACE) unit decrease the incidence of falls?**

Ahmed Abdalla, Mehul Adhaduk, Raad A. Haddad, Yanal Alnimer, Carlos F. Ríos-Bedoya, Ghassan Bachuwa

An estimated 73% reduction in patient falls was found in the ACE unit compared to non-ACE units. Hospitals may consider investing in ACE units to decrease the risk of falls.

#### **296 The effects of hearing loss on person-centred care in residential aged care: a narrative review**

Kristiana Ludlow, Virginia Mumford, Meredith Makeham, Jeffrey Braithwaite, and David Greenfield

Six common factors emerged from the data: communication breakdown, the overlap between hearing loss and cognitive impairment, social isolation and reduced social participation, limited access to hearing services, inadequate training provided to care staff, and strategies to improve communication.



**303 Exercise merging physical and cognitive stimulation improves physical fitness and cognitive functioning in older nursing home residents: a pilot study**

José Marmeleira, Luís Galhardas, and Armando Raimundo

Almost all physical fitness and cognitive tests were unchanged at baseline measures, but after the exercise program, significant improvements ( $p < 0.05$ ) were found in all physical fitness variables (strength, cardiorespiratory endurance, flexibility and balance) and in the majority of cognitive variables (visual attention, executive functioning and information processing speed).

**310 On-line health seeking activity of older adults: an integrative review of the literature**

Susan Waterworth and Michelle Honey

Findings indicate that while older people access on-line health information there are barriers: Low trust, financial barriers, lack of familiarity with the internet and low health literacy levels.

**318 Geriatrics training for nurses in a skilled nursing facility: a GWEP feasibility study**

Louise C. Hawkey, Monica Long, Tia Kostas, Stacie Levine, Jason Molony, and Katherine Thompson

This feasibility study describes a mixed methods analysis of nurses' educational needs and barriers to continuing education in a for-profit skilled nursing facility in an underserved, urban environment.

**323 Instruments for detection and screening of cognitive impairment for older adults in primary care settings: A review**

Judith Scott and Ann M. Mayo

This review examines the psychometric properties, usefulness, and limitations of brief cognitive screens endorsed by the Alzheimer's, National Institute of Aging, and Gerontological Society workgroups, plus a recently developed brief version of the standard MoCA, all of which can be administered in approximately five minutes.

**330 Inadequate fluid intake in long term care residents: prevalence and determinants**

Ashwini M. Namasivayam-MacDonald, Susan E. Slaughter, Jill Morrison, Catriona M. Steele, Natalie Carrier, Christina Lengyel, and Heather H. Keller

Total fluid intake of long term care residents is well below recommendations. Variables identified to predict intake could help inform strategies and targeted interventions to improve fluid intake for residents of long term care.

**336 Measurement of function in older adults transitioning from hospital to home: an integrative review**

Daniel Liebrecht, Barbara King, and Lisa Bratzke

This review reveals important gaps in the functional status instruments' psychometric testing, including limited testing to support their validity and reliability when administered by self-report and limited evidence supporting their ability to detect change over time.



# GERIATRIC NURSING

VOL. 39, NO. 3 □ MAY/JUNE 2018

## 344 Sleep and other correlates of high-level health in older adults

Eileen R. Chasens, Kyeongra Yang, Lynn M. Baniak, JiYeon Choi, and Christopher C. Imes

The assessment of sleep should be expanded to cover dimensions such as sleep quality and sleep disorders to help maintain wellness in older adults.

## DEPARTMENTS

### PHARMACY COLUMN

## 350 Update on statin drugs for lipid disorders

William Simonson

### ASSISTED LIVING COLUMN

## 352 Move it before it's too late: helping older adults accept less residential burden and more assistance

Richard G. Stefanacci and Albert Riddle

### ACUTE CARE OF THE ELDERLY COLUMN

## 356 Integration of post-acute care and hospice care in adult day services

Mary Beth Happ, Holly Dabelko-Schoeny, and Ji Won Shin

## GAPNA SECTION

## 358 Assessment and management of pain in persons with dementia

Alison R. Anderson, Abby Luck Parish, and Todd Monroe

## AALNA SECTION

## 361 The changing landscape of assisted living

Juliet Holt Klinger

## NICHE SECTION

## 362 Care of older adults of color: Bridging the gap and building relationships

Sandy N. Cayo

## AGS SECTION

## 363 Award-winning research at #AGS18 links value-based care to interprofessional collaboration, social supports for older adults

Laurie G. Jacobs

## READER SERVICES

## 258 Editorial Board

## 259 Information for Readers

## e1 Information for Authors

Visit our Website at [www.gnjournal.com](http://www.gnjournal.com)

## Official Publication of

**AALNA**  
American Assisted Living Nurses Association  
American Assisted Living Nurses Association

**AGS** Geriatrics  
Healthcare Professionals  
Leading Change. Improving Care for Older Adults.

**GAPNA**  
Gerontological Advanced  
Practice Nurses Association

**NICHE**  
Nurses Improving Care for  
Healthsystem Elders

**Publication information:** *Geriatric Nursing* (ISSN: 0197-4572) is published bimonthly by Elsevier Inc., 230 Park Avenue, Suite 800, New York, NY 10169. Months of publication are February, April, June, August, October, and December. Periodicals postage paid at New York, NY and additional mailing offices. USA POSTMASTER: Send address changes to *Geriatric Nursing*, Elsevier Customer Service Department, 3251 Riverport Lane, Maryland Heights, MO 63043, USA.