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feature articles

10 Medications in Pregnancy and Lactation

CE *We all know that pregnant women should refrain from taking medications, yet we often prescribe and administer medications for them. Which medications are safe in pregnancy and lactation?*

Deborah E. McCarter-Spaulling, MS, RNC, IBCLC

24 What Are the Responses and Needs of Mothers of Infants Diagnosed With Congenital Heart Disease?

What happens to mothers who suddenly have to cope with the news that their newborn has a serious illness? How can nurses best help these women and families?

Megan Upham, BSN, RN, and

Barbara Medoff-Cooper, PhD, RN, FAAN

30 Mother-Infant Co-Sleeping: Understanding the Debate and Maximizing Infant Safety

CE *Perinatal and pediatric nurses are always being asked by parents whether it's okay to sleep with their infants. What do you say? Are your answers based on the evidence? Read this article and find out what is truly known about this topic.*

Heather M. Mesich, MHS, RN

40 Are You Often Sad and Depressed? Brief Measures to Identify Women at Risk for Depression in Pregnancy

These researchers sought to discover if a two-question depression scale could identify women at risk for depression. Read it and learn how to assess women accurately.

D. Elizabeth Jesse, PhD, CNM, and

Marilyn Graham, PhD, MD

46 Red Alert: Perinatal Hemorrhage

When it happens, it's a true emergency. Why do pregnant and postpartum women hemorrhage? What nursing actions need to be taken?

Nancy J. MacMullen, PhD, APN/cNS,

Laura A. Dulski, MSN, APN/cNS, and

Barbara Meagher, MSN, RN, CNM, PNNP, RDMS



52 Feeding Readiness in Preterm Infants: The Relationship Between Preterm Behavioral State and Feeding Readiness Behaviors and Efficiency During Transition From Gavage to Oral Feeding

Do you know the feeding readiness behaviors in preterm infants and how to assess for them? These researchers found that more feeding readiness behaviors could predict better feeding.

Rosemary C. White-Traut, DNSc, RN,

Michael L. Berbaum, PhD, Brenda Lessen, MS, RN,

Barbara McFarlin, MS, CNM, RN, and Leticia Cardenas, BSN, RN

60 Screening for Infants' and Toddlers' Dietary Quality Through Maternal Diet

This nursing research team determined that maternal diet quality is a consistent marker for infants at risk for poor diet quality. Read this study to see exactly which quick markers you can assess with the mothers in your practice.

Seung-yeon Lee, MS, Sharon L. Hoerr, PhD, RD, FACN, and

Rachel F. Schiffman, PhD, RN, FAAN



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A new year, and still no change in nursing education.
Margaret Comerford Freda, EdD, RN, CHES, FAAN

8 SECOND OPINION Should Three-Dimensional Fetal Imaging Be Used for Nondiagnostic Portraits?

It's all the rage: boutiques where women can go and get a souvenir 3-D picture of their fetus. Is this a good idea whose time has come? Is this the worst idea ever?

Coordinated by Kathleen Leask Capitulo, DNSc, RN, FACCE
Debaters: Rocky McClintock, BSN, RN, PHN, and
Kim L. Armour, MSN, CNP, APN, RDMS

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Karen Morin, DSN, RN

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Patricia McCartney, PhD, RN, FAAN

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Laura L. Hayman, PhD, RN, FAAN, and
Lynn Clark Callister, PhD, RN, FAAN

76 PERINATAL PATIENT SAFETY Failure to Rescue in Obstetrics

Dr. Simpson proposes a new method for measuring failure to rescue in perinatal areas.

Kathleen Rice Simpson, PhD, RN, FAAN



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