

# MCN

The American Journal of Maternal/Child Nursing

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## feature articles

### 10 How Does Postpartum Depression Affect Breastfeeding?

*The results of this study, done with women who screened positive for postpartum depression, might surprise you.*

Deborah McCarter-Spauling, MS, RNC, IBCLC,  
and June Andrews Horowitz, PhD, APRN, BC, FAAN

### 18 Giving Birth: The Voices of Russian Women

*Our distinguished cultural expert, Dr. Callister, gives us data on how women in Russia perceive childbirth. You're going to want to know this information.*

Lynn Clark Callister, PhD, RN, FAAN,  
Natalia Getmanenko, PhD, Natalia Garvrishi, MD,  
Marakova Olga Eugenevna, RN,  
Zetina Nataliya Vladimirova, RN,  
Jane Lassetter, MSN, RN, and Natalia Turkina, MD

### 25 Factors Influencing Implementation of Kangaroo Holding in a Special Care Nursery

*Don't we all know that kangaroo care is a good thing for newborns? Why is it that some nurses find it difficult to implement?*

Amy Nagorski Johnson, DNSc, RNC

### 30 Development of the Perinatal Concerns Program: Care of Mothers After Diagnosis of Fatal Infant Anomalies

*This nurse recognized a flaw in the care of her patient and used her skills to develop a new program for her institution to avoid the problem in the future.*

Orpha Weisbold, BSN, RNC



### 36 "It's Not an Issue at the Moment": A Qualitative Study of Mothers About Childhood Obesity

*Everyone in healthcare is talking about the obesity epidemic in children. What do parents have to say about it?*

Korhanna Zehle, MPH, Li Ming Wen, MD,  
Neil Orr, PhD, and Chris Rissel, PhD

### 42 Successful Interventions for Smoking Cessation in Pregnancy

CE

*Your pregnant patient smokes cigarettes. What is the best way to help her to stop? Dr. McCaffrey and colleagues examined the evidence for you.*

Jennifer Barron, MSN, ARNP, Francesca Petrlik, MSN, ARNP,  
Leslie Strath, MSN, ARNP, and Ruth McCaffrey, ND, ARNP-BC

### 50 The Importance of Exclusive Breastfeeding in Infants at Risk for Celiac Disease

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*Celiac disease rates are rising. Is there something you can do to help parents delay the symptoms of this disease in their infant?*

Ilana R. Chertok, PhD, RN, IBCLC



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## ongoing columns

### 6 EDITORIAL

40 Years and Counting. . .

*Thoughts on reunions.*

Margaret Comerford Freda, EdD, RN, CHES, FAAN

### 8 SECOND OPINION

Should Extremely Low Birthweight (ELBW) Premature Infants Be Breastfed Exclusively?

*Now that we know that breastfeeding for ELBW infants is possible, should it be the norm?*

Coordinated by Kathleen Leask Capitolo, DNSc, RN, FACCE  
Debaters: Diane Stanton, MA, RNC, and  
Tsu-Hsin Howe, PhD, OTR

### 57 INFANT NUTRITION

What About Water Softeners and Bottled Water for Babies?

*Is it a good idea to use bottled water for mixing formula? What about softened water?*

Karen H. Momm, DSN, RN

### 58 THE NEW NETWORKING

Clinical Decision Support Systems

*They are supposed to make the clinician's life easier, but do clinical decision support systems live up to their hype?*

Patricia R. McCartney, PhD, RN, FAAN



### 59 GLOBAL HEALTH AND NURSING

HIV in Women and Children

*The worldwide pandemic of HIV/AIDS in women and children is being attacked by many organizations, but with what success?*

Lynn Clark Callister, PhD, RN, FAAN

### 60 TOWARD EVIDENCE-BASED PRACTICE

*Experts suggest how 6 research articles can be used in nursing practice.*

Laura L. Hayman, PhD, RN, FAAN, and  
Judith A. Lewis, PhD, RNC, FAAN

### 64 PERINATAL PATIENT SAFETY

Disruptive Clinician Behavior

*It seems we've always lived with bad behavior by some of our colleagues. Now Dr. Simpson tells us why that's bad for patient safety.*

Kathleen Rice Simpson, PhD, RN, FAAN



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