



# Nursing2006<sup>®</sup>

MARCH 2006  
VOLUME 36, NUMBER 3

22 APR. 2549

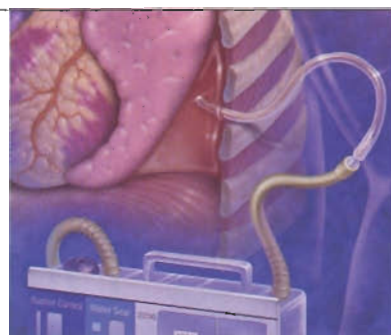
**CE**

## 36 Go with the flow of chest tube therapy

By Arlene M. Coughlin, RN, MSN, and Carolyn Parchinsky, RN, MA  
Learn the ins and outs of chest tubes inserted to drain fluid, release air, or administer therapy.

## 56 Preventing adverse drug events

By Martin S. Manno, RN, APRN, BC, MSN  
Help build a culture of safety in your facility by following these research-based guidelines for minimizing errors and other adverse drug events.



Understanding chest tubes, page 36



West Nile virus screening test, page 34



Setting a child's world straight, page 55

## 33 Clinical rounds: News, updates, research

Nurse portrayals in the media: Cheers and jeers...improving safety during patient handoffs...concerns grow about drug-resistant *C. difficile*...and more.

## 43 **PROFESSIONAL GROWTH** Better time management

By Sharon Cox, RN, MSN  
Apply these practical tips to regain control of your precious time.

## 44 New respect for the humble endothelium

By Dennis J. Cheek, RN, PhD, FAHA; Hollie McGehee Smith, BS; and Janet Good, BS  
As the Rodney Dangerfield of physiology, the endothelium has gotten no respect—until now. Learn how recent discoveries about it influence nursing care.

## 48 Patient-education guide: Anxiety disorders

By Deborah Antai-Otong, RN, NP, CNS, MS, FAAN  
Teach your patient about her condition, then give her this handout to take home.

## 50 **PHOTO GUIDE** Performing passive range-of-motion exercises

Follow these steps to protect an immobilized patient from joint contractures.

## 52 Violating professional boundaries

By LaTonia Denise Wright, RN, JD  
Warning! Getting too close to a favorite patient may jeopardize your license. Avoid this professional pitfall by taking a nurse-attorney's advice.

## 55 **SHARING** A toast for Poppy

By Lisa O'Gara, RN, BSN  
Who'd have guessed that a simple piece of chocolate would have such healing power?



## 63 Best-practice interventions: How medication reconciliation saves lives

By Martin S. Manno, RN, APRN, BC, MSN, and Denise D. Hayes, RN, CRNP, MSN  
Medication reconciliation isn't just a good idea—it's now the standard of care. Learn about it here, in the third article in our series based on the Institute for Healthcare Improvement's campaign to prevent 100,000 avoidable deaths.

**100k  
Lives**

## 88 **ACTION STAT** Subdural hematoma

By Vincent M. Vacca, Jr., RN, CCRN, MSN  
Intervene quickly to prevent brain damage or death.