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# 14 Exploring the relationship between authentic nurse leadership and moral injury from the perspective of novice nurses

In this study, lower perceived authentic nurse leadership (ANL) was associated with higher moral injury. Nurse leaders who possess ANL attributes may decrease moral injury among novice nurses and enhance their well-being.

By Kristina Capretti, DNP, RN, OCN, ANP-BC



# 22 Leader self-care: Using visual arts sessions to enhance leader well-being and teamwork

Utilizing the arts and humanities in healthcare can enhance clinical skills, teamwork, and clinician well-being. A semi-structured, museum-based visual arts curriculum was designed as a team-building activity for two nurse leader teams.

By Brooke DiGiovanni Evans, EdM and Pamela Brown Linzer, PhD, RN, NEA-BC



## 28 Emergency department transformation: A strategic plan for success

Over a 3-year period, leaders of a mid-size ED committed to improving workplace culture. Through collaboration, standardization, and consistency, the team improved employee engagement and patient experience.

By Meredith M. Aumer, DNP, RN, CPEN, NE-BC; Zac Allan, MHA, MSN, RN, CEN, PHRN; and Staci Pavlik, MBA, CPXP



# 35 Facilitating the journey to excellence: Core competencies for Pathway and Magnet program directors

Program directors (PDs) leading organizations on the journey to Pathway to Excellence designation or Magnet recognition need to possess certain skills to be successful. Nurse leaders must consider these competencies when hiring PDs or preparing them to master their role.

By Marky Medeiros, MSN, RN



## 40 Impact of health and well-being interventions

In this project, a survey was used to measure certain life and work factors related to nurse well-being, and evidence-based interventions were implemented to address areas of concern. All categories improved except work-related stress, anxiety, and sleep.

By Caty Johnson, DNP, RN, CNML, CMSRN; Tammy Ross, MSN, RN, OCN; Diane DiFiore, DNP, MSHSA, RN, NEA-BC, ACM-RM; and Rhonda Schoville, PhD, MSBA, RN

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## The Nursing Management Podcast



In this episode, Brooke DiGiovanni Evans and Dr. Pamela Brown Linzer talk with us about using visual arts sessions to support leader well-being and teamwork.

#### **NEXT MONTH**

Infusion therapy
Team-based care model
Nurse engagement







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