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Cover Illustration by Craig Kiefer

OBESITY TREATMENT

12 Breaking Through Obesity with Gastric Bypass Surgery

Marguerite Sheipe, MSN, CRNP



With the growing epidemic of obesity in the United States, gastric bypass surgery has become a leading treatment option for the morbidly obese. As the number of gastric bypass patients increases, nurse practitioners, essential to the healthcare team, will need to understand the complex care needs of this growing population.

DERMATOLOGIC CARE

24 Acne: Intervene Early

Heather L. Roebuck, MSN, APRN, BC



Nurse practitioners can effectively manage patients with mild-to-moderate acne with an understanding of its pathophysiology and manifestations. Providers have an opportunity to improve patients' self-esteem and quality of life by offering appropriate treatment or expediting referrals to a specialist.



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