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44 Intranasal Steroids and Allergic Rhinitis

Kathleen Conboy-Ellis, ARNP, PhD; Susan Braker-Shaver, APRN, CCI
Allergic rhinitis, the most frequent chronic allergic disease, causes considerable distress to patients and is of major concern to healthcare providers. Patients often have very individualized preferences for treatment, influenced by comfort of administration, irritation, odor, and aftertaste. For this reason, selection of a preferred agent, especially for long-term use, may improve patient adherence and quality of life.



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The *Nurse Practitioner*, The American Journal of Primary Healthcare (ISSN 0881-1817) is published 12 times per year (monthly) by Lippincott Williams & Wilkins. Periodicals postage paid at Hagerstown, MD, and additional mailing offices. Subscription Information: Individual Rates: \$57.95 a year in the U.S. and \$111 a year elsewhere. Institutional Rates: \$209 a year in the U.S. and \$249 a year elsewhere. Student Rate: \$29 a year (U.S. only). All subscription rates are payable in U.S. funds. Send subscription orders and address change information to: The *Nurse Practitioner*, FR Box 1550, Hagerstown, MD, 21740. Single copies and back issues \$7. Claims for missing issues can be ordered only up to 3 months for domestic addresses, 6 months for foreign addresses. Duplicate copies will not be sent to replace ones undelivered through failure to notify Lippincott Williams & Wilkins of change of address.

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POSTMASTER: Send change of address to: The *Nurse Practitioner*, PO Box 1550, Hagerstown, MD, 21740

Publications Mail Agreement No. 40048738. Return Undeliverable Canadian Addresses to: Circulation Dept. or DFGM, 4960-2 Walker Road, Windsor, ON N9A 6J3

The *Nurse Practitioner* is Indexed...

in the *Cumulative Index to Nursing & Allied Health Literature (CINAHL)*, *Index Medicus*, *Nursing Abstracts*, *RNIndex Top 100*, *Hospital Literature Index*, *International Nursing Index*, *International Pharmaceutical Abstracts*, and the *SocioEconomic Bibliographic Information Base*.