Original Articles

31 Text Messaging for Psychiatric Outpatients: Effect on Help-Seeking and Self-Harming Behaviors
A mobile phone intervention program promoted help-seeking behaviors by sending text messages for 6 months.
Toyoaki Kodama, Hiroko Syouji, Sachiko Takagi, Hirokazu Fujimoto, Shinichi Ishikawa, Masaaki Fukutake, Masaru Taira, and Takeshi Hashimoto

38 Reflective Prompts to Guide Termination of the Psychiatric Clinical Student Nursing Experience
A clinically focused learning activity using structured prompts helped psychiatric nursing students' experiences with the process of termination.
Grace B. Hubbard

44 Sensory Modulation Treatment on a Psychiatric Inpatient Unit
Sensory modulation treatment was effective in reducing the number of restraints and seclusions on inpatient psychiatric units, as well as decreasing self-perceived arousal levels.
Jennifer Gardner

Pharmacology Focus

18 Product Update

19 Clip & Save: Drug Chart Alzheimer’s Disease

22 Safety and Abuse Liability of Oxazepam: Is This Benzodiazepine Drug Underutilized?
Robert H. Howland

Sections

13 Editorial
15 News
16 Adolescents Who Self-Injure
Simone C. Durand and Teena M. McGuinness
52 CNE Quiz
55 NARSAD Art