Original Articles

33 The Effect of Respite Services on Carers of Individuals With Severe Mental Illness
Caregivers enjoyed a much needed break from their responsibilities while their care recipients attended Recovery Camp, a 5-day therapeutic recreation event. Renee M. Brighton, Christopher Patterson, Ellie Taylor, Lorna Moxham, Dana Perlman, Susan Sumski, and Tim Heffeman

39 Charting the Course of Electroconvulsive Therapy: Where Have We Been and Where Are We Headed?
Past, present, and future applications of this time-tested treatment are discussed. Peter B. Rosenquist, W. Vaughn McCall, and Nagy Youssef

44 Mental Health and the Transgender Population
A disproportionate rate of negative mental health outcomes relative to other populations is found in these individuals. Tamar C. Carmel and Laura Erickson-Schroth

Pharmacology Focus

20 Product Update
21 Clip & Save: Drug Chart Schizophrenia
23 Hey Mister Tambourine Man, Play a Drug for Me: Music as Medication
   Robert H. Howland

Sections

13 Editorial
17 Commentary
18 News
28 Irritability in Childhood and Adolescence
   Simone C. Durand and Teena M. McGuinness
49 CNE Quiz
52 NARSAD Art