

# Psychosocial Nursing

AND MENTAL HEALTH SERVICES

## Features

### 24 Trauma and Addiction: Implications for Helping Professionals

Explore the link between trauma and addiction and why some people, such as helping professionals and first responders, are particularly vulnerable.

*Ghad L. Cross, PhD, NCC; and Larry Ashley, EdS, LADC, CPGC*

### 33 Clinical Outcomes of Case Management in a Tertiary Psychiatric Hospital

Reduce patients' readmission rates and hospital lengths of stay and improve their CGI scores with case management.

*Venadevan Thambyrajah, RN, Adv. Dip. Mental Health, BHS(Nursing), Adv. Dip. Case Management; Margaret Hendriks, RN, RMN, BHS(Nursing), Adv. Dip. Administrative Management; and Rathi Mahendran, MBBS, MMED(Psych.), FAMS*

### 38 Relocation Stress Syndrome in Older Adults Transitioning from Home to a Long-Term Care Facility: Myth or Reality?

Is it relocation stress syndrome, or is it depression exacerbated by relocation? Don't delay treatment with a wrong diagnosis!

*Charles A. Walker, PhD, RN, C; Linda Cox Curry, PhD, RN; and Mildred O. Hogstel, PhD, RN, C*

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Glutamate-Modulating Drugs and the Treatment of Mental Disorders

Glutamate, a novel neurotransmitter, may help explain how current psychotropic drugs work or be a target for new medications.

*Robert H. Howland, MD*

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Remembering Hurricane Katrina

How one volunteer formed lasting bonds with those giving and receiving disaster relief.

*Mary-Earle Farrell with Jeanne M. Sorrell, PhD, RN, FAAN*

### 49 My Side

Is Forensic Mental Health Nursing Right for You?

The author describes why she does it so you can decide if it's right for you.

*Susan K. Edwards-Fallis, RN, BSN, MSN*



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