



# Psychosocial Nursing<sup>®</sup>

## AND MENTAL HEALTH SERVICES

### FEATURE ARTICLES

#### 18 **Smoking Reduction and Cessation: A Hospital-Based Survey of Outpatients' Attitudes**

Learn about the attitudes of psychiatric patients who smoke, including how cigarettes affect their self-esteem, and how to help them quit for good.

*Margaret A. Green, BA (Hons.), RN, and  
Diana E. Clarke, RN, PhD*

#### 27 **Cognitive Therapy: A Training Model for Advanced Practice Nurses**

Use a simple scale to assess your understanding of basic concepts of cognitive therapy and discover an innovative strategy to reach some of the most challenging client populations.

*Christine E. Reilly, PhD, RN, and Heather McDanel, MPH*

#### 32 **Intimacy Boundaries Between Mental Health Nurses and Psychiatric Patients**

How close is too close? Explore the attitudes of mental health professionals toward intimacy boundary violations with current and former patients.

*R. Joan Campbell, RPN, RN, MN,  
Olive Yonge, RN, PhD, CPsych, and  
Wendy Austin, RN, PhD*

#### 42 **Creative Solutions: Innovative Use of the Arts in Mental Health Settings**

This arts project promotes mental health by facilitating social inclusion and individual achievement in an acute, inpatient environment.

*Stuart Webster, HND, Alicia Clare, MSc, and  
Elizabeth Collier, MSc*



### COLUMN

- 12 Aging Matters**  
Enhancing Communication with Older Adults: Overcoming Elderspeak

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Apologizing: Trying to Get It Right
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**51 NARSAD Art**

