

# Psychosocial Nursing<sup>®</sup>

AND MENTAL HEALTH SERVICES

## Features

### 30 Providing Psychiatric-Mental Health Care for Native Americans: Lessons Learned by a Non-Native American PMHNP

Sensitivity to differences, cultural and individual, is essential to provide quality care to this vulnerable population.

*Amy G. Barnard, PhD, APRN, BC*

### 36 Competencies and Roles of Community Mental Health Nurses

How do you spend your time? These respondents spent 40% of their time on administrative functions and 30% in direct client care. In this agency, changes are being made to better use nurses' valuable skills to serve client needs.

*Mary W. Kietlless, MSN, APRN, BC; and Jane H. White, PhD, APRN, BC*

### 45 Staff Resistance to Restraint Reduction: Identifying and Overcoming Barriers

Find out how to conquer staff members' issues and fears about restraint reduction, then create a better therapeutic milieu through staff education.

*Staci Silver Curran, MSN, RN, C*

## Sections

### 15 Psychopharmacology

Paliperidone Extended-Release Tablets: A New Atypical Antipsychotic

This new agent, which is similar to risperidone, may have advantages for some clients with schizophrenia.

*Robert H. Howland, MD*

### 19 Aging Matters

Who Will Care for the Grandparents? Exploring Relationships Between Grandparents and Grandchildren

Avoid "skipping" the generation of grandchildren when assessing for available caregivers of older adults.

*Catherine J. Tompkins, MSW, PhD*



## Departments

- 8 Guest Editorial
- 10 News
- 12 Product Update

**NEW! NEW! NEW!**  
13 **Clip & Save:**  
**Depression (Part 2)**

- 29 **Guidelines for Authors**
- 52 **CE Quiz**
- 55 **NARSAD Art**