

# Features

## **24** Hospital-to-Community Transitions: A Bridge Program for Adolescent Mental Health Patients

Parents and staff agreed: Clinical liaison nurses were key to patients making successful transitions through this program. Christopher L. Cameron, BSc (Hons.), MA;

Kathryn Birnie, BA (Hons.); Melina W. Dharma-Wardene, MSc, MBA; Elaine Raivio, RN, MN; and Brian Marriott, BA

## **31** Psychological Well-Being and General Health of Jordanian University Students

Discover how psychological and physical health were linked for these students. The implications for screening and early intervention are clear.

Ayman M. Hamdon-Mansour, RN, PhD; and Lily R. Marmash, RN. MSc.

## 46 The Power of Irony in an Adolescent Residential Psychiatric Program

Sarcasm, inside jokes, and role reversal can be good things. Consider the benefits to staff camaraderie and adolescent self-esteem, social skills, and coping mechanisms. Olive Yonge, PhD, RN, RPsych

## Sections

### **Psychopharmacology**

Cytochrome P450 Testing for Better Psychiatric Care Learn more about how to identify the best candidates for testing, ensure informed consent, and educate about the testing and its results.

Elizabeth L. Pestka, MS, APRN, BC, APNG; Ann M. Hale, BSN, RN; Bonnie L. Johnson, BAN, RN; Joy L. Lee, BAN, RN; and Kathleen A. Pappe, MS, RN

### 19 Youth in Mind

Dispelling the Myths of Bullying

It's not just about lunch money anymore. Here, find out about 4 kinds of bullying (including the newest: cyberbullying) and what you can do.

Teena M. McGuinness, PhD, APRN-BC





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