CONTENTS

Guest Editorial
7 Education, Research and Practice in Nursing: Disseminating Knowledge in Journals, Internationally and Nationally
Sue Turale

Research Papers
10 Essential Skills for Evidence-based Practice: Appraising Evidence for Therapy Questions
Jeanne Grace

16 Thai Nurses’ Experiences in Providing Mental Health Services to Survivors of the 2004 Tsunami Six Months Post-disaster
Acharaporn Seecherunwong, Prapa Yuttitri, Atirat Wattanapailin, Alittaya Pornchaikate Au-Yeong

28 Predicting Factors of Depression in Older People Post-Stroke in Urban Communities
Chophaka Suttupong, Sirinond Sittichai

30 Predicting Psychological Distress in Patients with Chronic Obstructive Disease
Lawan Toontong, Doungrut Wattanakikreelart, Kanaungnit Pongthavomkamol, Charoen Chuchottaworn

40 Caregivers’ Management for Children with Asthma
Apwan Nookong, Sudaporn Payakkaraung, Yuvadee Pongsaranuntakul, Siriwat Chudaponsong

51 Perceptions of Severity and Risk of Acquiring Sexually Transmitted Diseases among Thai Female Adolescents
Siriwat Ronphumbot, Sarawut Sangprathan, Kittipong Noppakul, Supakit Phanthum

61 Predictive Power of Support from Husbands, Grandmothers, and Nurses on Duration of Exclusive Breastfeeding
Yumporn Konggunnerd, Siriorn Sindhu, Chittanu Tongkong

70 Strengthening Self-efficacy of the Elderly with Hypertension for Exercise:
Roles of Family Members
Yupa Jiewpattananukul

81 Extraordinary Strength of Grandmothers in the Completion of Their Daily Activities
Yuvaraj Jangpimaksat