

# MCN

The American Journal of Maternal/Child Nursing

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## Feature articles

### 70 Web Sites for Postpartum Depression: Convenient, Frustrating, Incomplete, and Misleading

*These nurses studied the Web sites for postpartum depression so you would have a better understanding of where to send your patients for quality information on this important topic.*

Audra L. Summers, BSN, RN, and M. Cynthia Logsdon, DNS, ARNP

### 101 Extrauterine Growth Restriction: A Continuing Problem in the NICU

*Do you know what extrauterine growth restriction is? What does your NICU do to combat it?*

Catherine R. Coverston, PhD, RNC, and Rosanne Schwartz, PhD, FNP, APRN-C

### 109 Screening for Abuse During Pregnancy: Implementing a Multisite Program

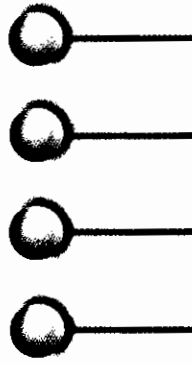
*We all talk about using evidence on which to base our practice. These nurses did something about it, implementing an abuse assessment screening protocol in 13 institutions. Read about how they did it, so you will be able to do it, too.*

Loretta P. Higgins, EdD, RN, and Joellen W. Hawkins, PhD, RNC, FAAN

### 115 Parenting Preterm Infants: A Meta-Synthesis

*There have been many studies done on the difficulties of parenting preterm infants. Dr. Schwartz synthesized all their findings so it will be easier for you to see the big picture.*

Martha K. Swartz, PhD, RN, CPNP



### 121 Effects of High-risk Pregnancies on Families

*Being labeled "high risk" can affect the whole family. What family strengths help women cope with a high-risk pregnancy?*

Barbara J. Sittner, PhD, RN, John DeFrain, PhD, and Diane Brage Hudson, PhD, RN

### 127 Parental Perceptions of the Lasting Effects of Infant Colic

*Have you ever lived with an infant with colic? These nurses examined the long-term effects of colic on families.*

Marsha Ellert, DNS, RN, Emilie Schuff, BSN, RN, and Jennifer B. Davis, BSN, RN

### 133 Neuroendocrine and Immune Relationships in Postpartum Fatigue

*It's an age-old question: why are new mothers so fatigued? These nurse researchers went beyond the usual explanations of lack of sleep and stress and examined the biology of postpartum fatigue.*

Maureen Groër, PhD, RN, FAAN, Mitzi Davis, PhD, RN, Karyn Casey, MSN, RN, Blair Short, MSN, RN, Kathleen Smith, PhD, RN, and Sean Groër, MS

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#### 500 Pieces of Evidence

*It's inspiring to see what nurses are accomplishing.*

Margaret Comerford Freda, EdD, RN, CHES, FAAN

### 84 SECOND OPINION

#### Should a Staff Nurse's Age Be a Consideration in Making Patient and Shift Assignments?

*We're all getting older. How does the nurse over 50 cope with the rigors of staff nursing? Should our age be considered when assignments are made? Should older nurses be treated differently from their younger counterparts?*

Coordinated by Heidi Von Koss Krowchuk

Debaters: Susan A. Letvak, PhD, RN, and Linda J. McNeal, PhD, RN, CCRN

### 139 INFANT NUTRITION

#### Fat-Soluble Vitamins A and D

*How much is too much? How do you counsel parents about vitamin use for infants?*

Karen H. Morin, DSN, RN



### 140 THE NEW NETWORKING

#### Camp Nurses Connect Online

*The online world of listservs has reached camp nurses! Read this column and find out what camp nurses are concerned about.*

Patricia McCartney, PhD, RN, FAAN

### 141 LETTERS

### 142 ERRATUM

### 144 TOWARD EVIDENCE-BASED PRACTICE

*Experts suggest how six research articles can be used in nursing practice.*

Judy Beal, DNSc, PNP, RN, and Margaret Comerford Freda, EdD, RN, CHES, FAAN

### 152 PERINATAL PATIENT SAFETY

#### Handling Handoffs Safely

*It just might be the most dangerous time during clinical care—handing off a patient to a colleague. How can you make it safer?*

Kathleen Rice Simpson, PhD, RN, FAAN



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