

Psychosocial Nursing[®]

AND MENTAL HEALTH SERVICES

FEATURE ARTICLES

22 Hyper-anxiety in Early Sobriety: Psychopharmacological Treatment Strategies

Find out which psychotropic agents can relieve this anxiety, pave the way for therapy, and reduce patients' risk for relapse.

*Teena M. McGuinness, PhD, ARNP-BC, and
Susanne A. Fogger, RN, MSN, APRN-BC*

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28 Moving Toward Recovery Within Clients' Personal Narratives: Directions for a Recovery-Focused Therapy

How can you help your clients with schizophrenia realize their worth and tell their own stories? By asking 5 simple questions and listening to the answers.

Paul Lysaker, PhD, and Kelly Buck, MSN, APRN, BC

37 Telecare for Women with Postpartum Depression

Using a telephone-based intervention, 20 mothers experienced alleviation of their depressive symptoms. Psychoeducation was the single greatest help to them.

Doris Noel Ugarriza, PhD, and Lee Schmidt, PhD



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