

Features

24 Social Well-Being in Pregnant Women: Intended Versus Unintended Pregnancies

Pregnancy can bring varying degrees of happiness and stress; women's social support can also be affected. Be ready to counsel and empower women through this life-changing process.
Marjorie R. Sable, DrPH, MSW; Carmen C. Washington, BSW; Lisa R. Schwartz, MSPH, MSN; and Melody Jorgenson, MSW



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37 Collaborative Mental Health Care in Rural and Isolated Canada: Stakeholder Feedback

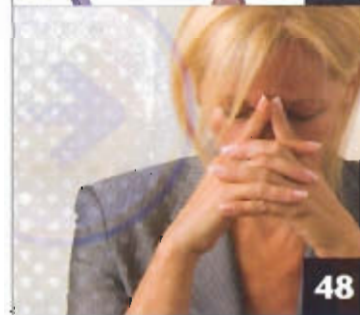
Geographic isolation doesn't have to mean lack of care. Learn how Canada is addressing access issues and what still needs to be done to give rural and urban residents equal treatment.
Kimberley D. Ryan-Nicholls, RPN, RN, BScN, MDE; and John M. Haggarty, MD, FRCPC



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48 Patterns of Employment Among Individuals with Mental Illness in Vocational Recovery

Why do some individuals with mental illness go on to become successful employees but others can't hold a steady job? Find out the three patterns of employment and the top 10 reasons for work interruptions.
Zlatka Rassinova, PhD; Philippe P. Bloch, MEd; and Asya Lyass, MA



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13 Psychopharmacology

Agomelatine: A Novel Atypical Antidepressant
Currently under investigation but not yet FDA approved, this potent melatonin-receptor agonist drug is well regarded for its relatively benign tolerability profile.

Robert H. Howland, MD

19 Youth in Mind

Adolescent Self-Mutilation: Diagnosis and Treatment
Spot and stop the scars: Self-inflicted injuries could be indicators of past trauma or of developing disorders.

Kimberly A. Williams, DNSc, APRN-BC; and Katherine A. Bydalek, PhD, APRN-BC

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