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### **21** Challenges Experienced by Family Caregivers of Individuals With Severe Mental Illness During the COVID-19 Pandemic: An Integrative Review

*Jaewon Joung, PhD, PMH-APN, RN; and Soyoung Shin, MSN, RN*

### **29** Gut-Brain Axis Perspective on Negative Symptoms and Their Neighbors in Early Adolescence: Can We Move Care Upstream?

*Shannon H. Ford, PhD, RN, CPNP-PC, CNE; Lorin Bruckner, MLIS; Suzanne Thoyre, PhD, RN, FAAN; Maureen J. Baker, PhD, RN; T. Robin Bartlett, PhD, RN; and Eric A. Hodges, PhD, FNP-BC, FAAN*

### **39** Transferability of Mental Health Simulation Skills to Practice: A Nursing Post-Graduate Follow-Up Study

*Denise A. Soccio, DNP, RN*

### **47** "Holding Space": A Phenomenological Exploration of Mindfulness-Based Practice With Veterans Who Have Experienced Trauma

*Marcianna Nosek, PhD, MPH, CNM; and Vanessa E. Meade, PsyD, LCSW*

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### PSYCHOPHARMACOLOGY

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### AGING MATTERS

Substance Use Disorders in Older Adults

*Olimpia Paun, PhD, PMHCNS-BC, FGSA; and Dimitra Loukissa, PhD, RN*

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