

# Contents

<i>List of illustrations</i>	xiii
<i>Preface to the second edition</i>	xv
<i>Acknowledgements</i>	xviii
<b>1 Examination of the newborn: where are we now?</b>	<b>1</b>
Introduction	2
What is the examination of the newborn?	2
Role of the examination as a screening tool	2
Who should undertake the examination of the newborn?	4
Examining effectiveness	5
Education and competence	8
Summary	11
Self-test	11
Activities	12
Resources	13
<b>2 In the beginning</b>	<b>15</b>
Introduction	16
Becoming a mother	16
Premature and mature motherhood	17
Infertility	20
Questions that new parents may ask	23
A personal account	26
Summary	27
Self-test	27
Activities	28
Resources	28

<b>3 Fetal development: influential factors</b>	<b>29</b>
Introduction	30
Fetal development	30
<i>Smoking</i>	31
<i>Alcohol</i>	35
<i>Drug abuse</i>	36
<i>Transplacental infection</i>	38
<i>Environmental influences</i>	40
<i>Diet</i>	41
Summary	43
Self-test	43
Activities	44
Resources	44
<b>4 Assessment of fetal well-being</b>	<b>45</b>
Introduction	46
Booking history	46
Antenatal screening	48
Diagnostic testing	53
Antenatal care	55
Summary	57
Self-test	58
Activities	58
Resources	59
<b>5 Risks to the fetus during childbirth</b>	<b>61</b>
Introduction	62
Prolonged pregnancy	63
Prelabour rupture of the membranes	65
Anomalies of the fetal heart rate in labour	66
Meconium-stained liquor	67
Pharmacological pain relief	67
Water birth	69
Presentation of the fetus in labour	69
Mode of birth	71
Obstetric emergencies	73
Resuscitation at birth	74
Injuries and abnormalities noticed at birth	75

Summary	75
Self-test	76
Activities	76
Resources	77
<b>6 Neonatal examination</b>	<b>79</b>
Introduction	80
Step 1: preparation	80
Step 2: observation	82
Step 3: examination	83
<i>The examination process</i>	84
<i>Scalp</i>	84
<i>Head</i>	85
<i>Face</i>	88
<i>Neck</i>	90
<i>Limbs</i>	91
<i>Hands and feet</i>	91
<i>Digits</i>	91
<i>Chest</i>	91
<i>Cardiovascular system</i>	91
<i>Respiratory system</i>	98
<i>Abdomen</i>	100
<i>Umbilicus</i>	102
<i>Male genitalia</i>	102
<i>Female genitalia</i>	103
<i>Anus</i>	104
<i>Groin</i>	104
<i>Hips</i>	105
<i>Spine</i>	105
<i>Central nervous system</i>	106
<i>Assessment of intrauterine growth</i>	108
<i>Checklist</i>	109
Step 4: explanation to the parent(s)	109
Step 5: documentation	109
Self-test	110
Activities	111
Resources	111

<b>7 Abnormal findings and congenital abnormalities</b>	<b>113</b>
Introduction	114
Abnormal findings	115
<i>Temperature instability</i>	115
<i>Colour</i>	115
<i>Behaviour</i>	125
<i>Movement</i>	131
<i>Scalp</i>	132
<i>Face</i>	134
<i>Birthmarks</i>	135
<i>Nose</i>	136
<i>Mouth</i>	136
<i>Ears</i>	138
<i>Eyes</i>	138
<i>Neck</i>	141
<i>Limbs, including hands and feet</i>	141
<i>Hands</i>	142
<i>Feet</i>	142
<i>Digits</i>	142
<i>Skin</i>	143
<i>Chest</i>	148
<i>Cardiovascular system</i>	149
<i>Respiratory system</i>	151
<i>Abdomen</i>	152
<i>Organomegaly</i>	153
<i>Male genitalia</i>	154
<i>Female genitalia</i>	157
<i>Anus</i>	158
<i>Hips</i>	159
<i>Spine</i>	159
<i>Central nervous system</i>	160
<i>Checklist</i>	160
Specific abnormalities	161
<i>Cardiac</i>	161
<i>Respiratory</i>	169
<i>Gastrointestinal</i>	170
<i>Genitourinary</i>	172
<i>Musculoskeletal</i>	174
Specific syndromes	175
<i>Down's syndrome (trisomy 21)</i>	175

<i>Turner's syndrome</i>	175
<i>Noonan's syndrome</i>	176
<i>Treacher Collins's syndrome (mandibulofacial dysostosis)</i>	176
<i>Pierre Robin's syndrome</i>	177
<i>Apert's syndrome (acrocephalosyndactyly)</i>	177
<i>Crouzon's syndrome (craniofacial dysostosis)</i>	178
<i>Patau's syndrome (trisomy 13)</i>	178
<i>Edward's syndrome (trisomy 18)</i>	178
<i>Cri du chat syndrome</i>	179
<i>Goldenhar's syndrome (hemifacial microsomia)</i>	179
<i>Möebius sequence (sixth and seventh nerve palsy)</i>	180
<i>Poland's syndrome</i>	180
<i>Thoracic dystrophy</i>	181
<i>Beckwith–Wiedemann syndrome</i>	181
<i>DiGeorge sequence</i>	181
Summary	181
Self-test	182
Activities	182
Resources	183
<b>8 Accountability and effective care</b>	<b>185</b>
Introduction	186
Acknowledging professional responsibilities and boundaries	186
Accountability	187
Achieving and maintaining best practice	195
Summary	203
Self-test	203
Activities	204
Resources	204
<i>Appendix 1 Useful addresses</i>	205
<i>Appendix 2 Advice for parents to reduce the risk of cot death</i>	212
<i>References</i>	213
<i>Index</i>	225