

# Contents

<i>Read This First</i>	ix
<i>Introduction</i>	xxiii
1. FIRE	1
2. SNOWBALL	23
3. MASTER CHEF	49
4. COACH	77
5. MASK	103
6. MOVIE	125
7. RUSSIAN DOLLS	153
<i>Conclusion</i>	185
<i>Acknowledgments</i>	191
<i>Appendix</i>	195
<i>Sources</i>	199
<i>Index</i>	205